

Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)

On August 29-30, 2016, a nationally certified trainer will be conducting a two-day introductory Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) training in the Des Moines area for qualified, licensed mental health professionals.

The training will include a pre-training call with the trainer to review the program, certification requirements, and appropriate clients for this intervention; and a post-training webinar to review treatment assessment and fidelity. This training will be open to a limited number of providers across the state at no cost as part of the SAMHSA Certified Community Behavioral Health Clinic (CCBHC) planning grant. First preference will be given to staff from applicants to the CCBHC Request for Proposal.

It is required that all participants of the two day training first complete a free 10-hour web-based learning course called TF-CBTWeb. The course is self-paced, and anyone who is interested in the training or learning more about the model can register and take the course anytime. Please visit tfcbt.org for more information on the model, participant requirements, the certification process, and to register for TF-CBTWeb.

Please note that full certification requires completion of follow-up consultation calls, completion of three treatment cases, and taking and passing a knowledge-based test. The consultation calls and fees associated with certification will not be covered by this grant, and will need to be arranged by the individual or organization if desired.

More information about the training will be forthcoming, including details on registration and location.